

February 1, 2006

5-YEAR GOALS: CAHPERD'S VISION FOR GIRLS AND WOMEN IN SPORT - 2011

On the 25th Anniversary of National Girls and Women in Sport Day – 2011, we anticipate celebrating successes in areas and with the issues identified below:

☑ Significant increases in the experience and number of female coaches, game officials, and athletic administrators

- School administrators put equal time and energy into searching for and securing experienced, qualified females for their girls and boys teams.
- Respected, qualified and accepted females are coaching Baseball... and all sports.
- Women are recruited and welcomed into the ranks of local officiating organizations.

☑ Equitable athletic participation for girls and women in middle school, high school, and community college

- The best female coxswain on a college campus is recruited to the men's 'A' Boat, but declines because the women's boats, equipment, coaching, travel, practice times, respect and expectations are the same as the men's program.
- Members of the girl's volleyball team are taped before the football team members waiting to be taped because the volleyball team has a match and the football team has a practice at the same time.
- A self-evaluation checklist, similar to that used on the college and university level, is used by middle schools, high schools and community colleges.

☑ Complete implementation of Title IX on the at all levels of education

- California Department of Education devotes a well-informed, full time position, with a strong voice, to education related gender equity.
- Every school athlete knows the name of, and how to contact their Title IX Officer.
- Girls soccer team practices from 2-4 pm just as often as the boys soccer team.
- Cheerleaders are present at girls games just as often as they at the boys games, in the same number, and with equal enthusiasm.
- Booster clubs will sell concessions at girls games same as boys.
- Booster clubs fund girls and boys sports efforts equally.
- A big strong girl enters the school weight room after school to train for her shot-put and discuss events, instead of receiving 'double-takes' and 'jeers' from the football team also training, she is greeted with high-fives and genuine welcomes. The captain of the football team offers to be her spotting partner.
- Knowing exactly who they are, the veteran Social Studies teacher automatically excuses the Girls Freshman Water Polo team members at 1:30 for their game and cheers them with "Good Luck!"
- The girl's soccer teams practice and play in the stadium instead of the varsity baseball outfield during baseball practice.
- Female athletes at all levels feel respected and honored on campus and in the community.
- Athletes know and apply the Title IX self-evaluation compliance questions.

☑ Performance enhancing drugs and steroids recognized as an issue for female athletes

- Athletes, parents, coaches and administrators recognize indicators and take action.
- California Interscholastic Federation (CIF) is a strong partner in working with athletes, parents, coaches and administrators to address these issues.

☑ **Equity for *all* girls/women in *all* aspects of sport irrespective of individual differences (e.g. sexual orientation, ethnicity, disability)**

- The make-up of school athletic teams, coaching and administrative staff is a mirror image of its student population reflecting all individual differences (e.g. sexual orientation, ethnicity, disability).
- The Pacific-Asian Club, Black Student Union, MEChA, Gay-Straight Alliance, Fellowship of Christian Athletes, Adaptive Physical Education, and Special Education work together to assure that all girls/women are welcomed to all sports.
- Demographic data on individual differences of the school and athletic populations are collected and reported yearly.
- Schools publish collected demographic data in local newspapers, site newsletters, and 'report cards', directed at the general public, parents and supporters.
- Schools regularly survey the sport and athletic interest of their student population.

☑ **Equitable media coverage of girls and women's sports**

- On alternate days the top fold color photo and story of the Sports section features female athletes.
- Public school media outlets devote equal time and space to girl's/women's sports (e.g. site newsletters, yearbooks, websites, newspapers).

☑ **Society supports girls and women in sport/athletic endeavors**

- Entire football teams attend and knowledgeably cheer at girls volleyball matches, en masse.
- A husband and father encourages his wife to coach their son's team and supports her efforts by taking over her family responsibilities.

CAHPERD looks forward to continuing its efforts to equalize sport and athletic opportunities for girls and women.